

Healing Power of Water

We know how important water is for keeping us alive and every aspect of life on this planet, but not many people realise the intelligence of the vibrational energy of water and how we can ask for help that is for our highest good. I am offering information on how you can benefit in so many ways by 'speaking' to the water you drink. Not tap water, as this has so many chemicals held within its structure, but the free flowing water from mountains, streams via bottled water. This beautiful clear water that has an intelligence, can create crystals that vibrate with healing energy, and when you speak with love and compassion to the water, it is in alignment with all life and can create amazing positive vibrations. Water works with the laws of nature that create forests, plants, anything growing within the structure of the earth. Life needs water, we know that, but to keep this information short I want to help you understand how you can create so much for yourself, in different ways.

The next time you drink clear water just ask for something that has been concerning you. This could possibly be about your health, maybe you take medication offered by your Doctor or Hospital and you hope this will heal the issue you are suffering from and you take water to swallow the pills, but next time, as you drink the water, just say 'thank you', but say it with compassion, for the water resonates with happy positive energies. If the 'thank you' comes from your heart, instead of just giving it lip service, then the positive vibration from your heart centre will resonate with the pure water in a positive way; creating bright healing crystals that will send out messages to the water within your body, offering healing to every organ, every nerve ending, muscle, skin etc. As we are vibrating with 70% water we could not survive here without water as we know. It is the most important aspect of life on this planet, so water connects to our positive loving thoughts and will create a vibration of healing Light within every molecule within our mind and body.

If, on the other hand we take water for granted and do not give it any thought, which is a negative vibration, the crystals of the water cannot create beautiful healing vibrations/crystals, for it hasn't received any positive energy from you or from your heart centre. Water works with nature but it also works with words written down or spoken out loud. Positive thought creates healing, negative thoughts do not. Humans take water for granted but with some positive thought and understanding on our part we can create a better quality of life for our self in many ways. Just ask and trust, that's all it takes, just watch what you can create with love from your heart and the healing light of water.



Here are three example of how you can communicate with your water. You can write these on a piece of paper and attach to your water bottle as well as asking: **'I thank this water for offering me healing of my 3 minds and 4 bodies, helping to bring me back into balance.'** **'I send Love and Light to this water for receiving abundance into my life for my highest good'** **'I thank the water for allowing me to receive healing to (then state the area of the body requiring healing)**

We hope you enjoy connecting to your water and possibly making it part of your daily routine. What is there to loose? Remember, you can ask for anything, as long as it is for the highest good and as long as the water is thought of with love and gratitude from the heart. If you are just saying it for the sake of saying and expecting the universe to give you something it won't work. You really have to believe and feel it.

