

Who are the Nephilim and how do they connect to Humanity?

The Nephilim are a dark vibration of energy and were also known as 'The Fallen Angels'. Thousands of years ago this vibration became connected to softer/lower energies, and was allowed at soul level to be activated so that each individual soul could learn and recognise these lower energies and to find out how to rise above any darker vibrations therefore allowing more of the Love and Light to take its place within humanity.

The thousands of incarnations a soul has, gives it the opportunity to recognise a lower vibration and replace it with lighter finer energies. This is all done at the appropriate time by connecting to the heart centre and living a life of love and compassion.

How we recognise the Nephilim today is knowing and understanding within ourselves we hold on to being a victim, have depression have anger and aggressive behaviour and negative thought patterns and still go over old hurts from the past and cannot forgive people or situations. All of this is part of the energy of the Nephilim. They have been around for thousands of year, incarnating via humanity and to lower the vibration of this planet.

This is now ending, the Nephilim cannot exist within humanity any longer as many people are waking up and releasing old ways of thinking and being, letting go of old hurts, being a victim, having no judgement and are ready to release the old paradigms and learn the joy of forgiveness and pure unconditional love.

As humanity continues to raise its vibration to a 5th Dimensional way of thinking and being, these darker vibrations cannot ever exist on this planet or within the minds of humanity ever again. The Nephilim are stating there is too much Light in the minds of people and of the planet that they are beaten and no longer feel they can remain.

We as Lightworkers and caring human beings can activate an amazing release of any of the Nephilim we may be holding on to, especially anything we have brought through from our soul's previous journeys that possibly we are not aware of. We can move forward by releasing old contracts removing all pain, addictions, and emotional issues, to whatever degree large or small.

We are at this time in July 2023 have the opportunity to begin this release by neutralizing all previous contracts from all lifetimes, as from the 7th July for 2 weeks



we can now let go of anything we held or still hold of the Nephilim as a Gateway has been opened for us to go within and release in double quick time.

Don't worry if the 2 week opening is concerning you for you may be doing other things that cannot be changed because of certain circumstances. The Guides/ Masters and all Higher Beings of Love and Light will know of this, and will work with you to find a time. Knowing in your heart you want to release anything to do with lower vibrations your individual guides will help you to activate what you will be saying no matter when you are able to carry this out, for all they want is for you to hold as much Love and Light as you can so you are able to shine your Light, touching the hearts and minds of all who cross your path.

This is part of your ascension process that you decided at soul level to go through at the appropriate time, please just trust!

Below is written how to activate a release of old contracts, large or small so you can feel free from lower energies and absorb higher frequencies of Love and Light. Try if you can to be in nature to carry this out as you will receive so much help from the Elemental kingdom. The New Moon on the 17th July 2023 will begin the clearing and expansion of the heart centre but you will see and feel many changes taking place in the most positive way from this date and beyond.

Go to your special place, take with you a sacred geometry layout [possibly Metatron's sacred geometry] with crystals of your choice, facing North, South, East and West plus a larger piece of clear quartz in the middle. Close your eyes, connect to the environment you are in and speak these words:

**'I.....ask for a special dispensation from the Higher Beings of Love and Light helping me to release completely all previous contracts that held the energy of the Nephilim large or small that was made at soul level from my very first incarnation. I no longer want any connection to these lower vibrations for they hold back my ascension process, therefore I revoke all connections that no longer serve my higher purpose so I can move forward in this lifetime and my next incarnations with Love, Light and Compassion for all life, for we are one and not separate from any human, guide, master and the God/Goddess essence that is pure Love. I give permission that as from today I only hold within my mind, body and soul, pure energies of Love and Light. I now move forward with an expanded consciousness, knowing where I am going and who I am, with a strong sense of protection for all of my loved ones in my own family and beyond!
So it is! Thank you**

