Adamantine Particles of Light

This is just an extra explanation of the beautiful Adamantine Particles of Light and Love.

First let us understand what the word 'Adamantine' means. Quite simply – Incapable of being broken, strong/hard as a beautiful Diamond. When we say someone is 'adamant' this means they will not change, they remain strong in their belief.

Adamantine Particles was the first Light of creation [sound was Om!] and belongs to all dimensions of reality. Everything was created out of love, so Life is Love in action, as quoted by Jeshua [Jesus]

Adamantine Particles = exchange in life energy, every word, every thought and feeling is energy vibrating and when it comes from love it makes a difference. A healing touch or a hug makes a difference and could help lower blood pressure. When healing from the heart centre you create more A/P, this is offered at the time of healing and is received through the heart centre of the client. These particles flow through the body and settle where they are most needed, therefore helping to create a healing session for the client. Nothing is forced of course, we just trust and let the vibrations flow, knowing the client will take [at soul level] whatever is required at that time.

Let us look at the flow of A/P in other ways. If you are a gardener and you love your plants, every time you sow a seed, place a plant into the ground, you feel a love for the soil, the plant and what it will become. So A/P are flowing from you towards the seed or plant; it accepts these 'Golden Sparkles' of Light so easily and draws it into its system and grows beautifully.

Tests have been carried out where some seeds are placed in a tray covered with soil and then the gardener speaks gently with love to the seeds and does this during its growth period, sharing A/P.

without really being aware of the love that comes with the words. The seeds are strong and grow beautifully. Then some seeds are placed in a tray without any kind words or thoughts or maybe the person has been angry of late and is feeling low and depressed. The seeds eventually grow, but are very thin and have no inner strength and possibly die. Not enough Adamantine Particles



were received into the seed therefore they had not had the love of the other seeds that flourished.

Every time we breathe in and out, we are connecting to Adamantine Particles, they radiate within our aura, they are the words we speak, the thoughts we have, every action that comes from love will make a positive difference, as there is always an exchange of energy.

Couples in love, there is an exchange of A/P even their physical appearances begin to blend. How many times have we said that an owner of an animal is beginning to look like their pet?

It may sound funny, but it is true. The love, once again binds them together and they are sharing A/P so they begin to resemble each other. Animals/Pets bring unconditional love, healing and joy – they know of and can see Adamantine Particles for they glow.

Birds and animals know whether a particular plant or seed is right for them and not poisonous and are able to eat that because they see the A/P. We do not as a rule see them although our aura holds these 'Golden Sparkles'. We go into nature to relax and we become calmer, that is an exchange of A/P as being in nature is a healing process. We go on holiday, more A/P. As you relax you automatically draw to you more A/P because your energy field is more positive.

Something we can do to help our self, if we feel there is lack in our life, such as lack of money, students, love etc. Most of us have had many incarnations where we have lived a life of poverty and lack of so much and maybe this has happened in quite a few lifetimes one way or another. Because of our anger or fear of the lack in our lives over many many hundreds of years it could create a dark vibration that we bring forward into our next incarnation, therefore we continue to create that feeling of lack. We can now do something about this from a positive perspective. First be grateful for what you have right now and feel it in your heart, then sit quietly where you won't be disturbed and try to connect back to your previous lives, it doesn't matter what you see or not, it is about what you are intending to do, your thoughts are going out into the ether, where they will be changed with your positive way of thinking.

Ask your guides and angels or Archangel Michael to release the dark energy of lack that has followed you from previous lives [violet flame it if you wish] and from today onwards fill that space with Adamantine Particles of Love, Light and



abundance. Helping you to move forward on your spiritual journey, allowing you to continue your mission here, helping humanity and all of life.

It may take a while before everything is released, it doesn't happen overnight, but your positive way of thinking now and visualising Adamantine Particles of Light in that space will bring forward all that is for your highest good.

Nothing can exist without Adamantine Particles they are the building blocks of life and the more you release from your heart centre with love, the more spiritual gifts you can receive.

