

Our New Guide for Teenagers/Children.

Hello, my chosen name is Marcus or Marc, I answer to both. My name represents Strength, Joy, Shining and Teacher. I am originally from the Pleiades, a star system within the Milky Way. I have had many thousands of lives within many universes. I am what you would call an 'Old Soul' but young at heart. I asked my guides for my next journey to test my abilities of dealing and helping what I call 'Souls of Sadness' those group of children or teenagers going through a very challenging time right now. Especially those that feel they cannot speak to anyone for risk of ridicule or judgement. I have been where you are today; I have seen and felt the loneliness, abandonment and many lower vibrations that ultimately create a sadness within; a black hole you feel you cannot get out of. I am here as a friend and a guide to help lift you out of a depression and the anguish you may be feeling. All I ask is for you to trust me to be your friend, for I will never judge you, I understand you more than you know. So my mission is to help as many of you out of the darkness back into the light. The Masters will be watching me, so I need to get this right or I don't receive my wings. Don't worry, I am not going to talk religion, that isn't the reason for me being here. I am basically going to try to get you back to who you truly are and to find that lost soul and bring him or her back into the Light. I cannot do this by myself, I need you to talk to me, tell me your deepest fears and we can work this out together. I make you a promise, never to leave you until I hear you say 'Marcus, thank you, I feel stronger and able to get on with my life with joy in my heart.' When I hear that, it will be time for me to leave, but not before I hear those words. Saying that, I will always be just a breath away if you need me again.

So I will give you a deeper understanding of my journey, so hang on in there, just get to know me and what I am about.

I have taken this journey to be on planet Earth at this most challenging time, to be available for all children, especially teenagers that are finding life difficult, crazy and very testing. I have watched over you and understand your problems. I knew this would be my mission helping you all through the tough times. I will not preach religion or try to turn you into something you may not be ready for, but what I will do is listen and try to guide you. Offering you paths to view and may be take, if it resonates within your heart. Everybody needs someone to turn to in their hour of need or times of hardship and it is too easy to turn to drugs, alcohol or anything that abuses your mind or body, starving your soul of the Love and Light you were originally created from, having a damaging effect that could last a lifetime. All I ask is that you trust me and speak to me either quietly in your mind or out loud. You can share your anger, fears, frustrations or sadness, anything that is concerning you, for as I said, I do not judge. I just want you to care for yourself, be the kind caring person you were meant to be.

You have just taken a wrong turning along the way and maybe met up with people that have had a negative influence, but we can get you back on track.

Whatever you have longed for can be yours and I am not just talking about money, but who is to say that won't happen? It is what you feel deep inside, how you see yourself say in 5 years or so from now. You may think everything is out of reach, but believe me, you can create the life you want, as every thought you have is energy going out into the ether. You have heard



the saying ‘What goes around, comes around’ that is a truth. If you give out doom and gloom, negativity on a daily basis, this vibration is picked up out there in the big unknown and your thoughts get created, then they return to you. That is universal law, but if you give out positive happy and creative thoughts they are also returned giving you opportunities to create the life you want – it is that simple. You are in control, not me not anyone, just you. If there are people in your life right now you are not comfortable with then ditch them, let them go, as they do not serve your higher purpose in your life, they could be holding you back. You are then freeing up space for new people and situations to come into your life that would benefit you all. If you are in a mundane job and it is boring, but you stay for you need the money, then have the courage to look for something that makes you smile and possibly has a future for you, no matter what it is. Go beyond your everyday way of thinking, be bold, find the strength to move forward and dare to have the life you have dreamed of. Trust me, you can create it now. Remember how healing nature is, go for walks by the sea or countryside, take the time to breathe in the pure air, but sit and view all that is surrounding you and feel the inner peace it gives you. This is the time to reflect and decide to make those changes in your life. I will offer you the inner strength to do this.

All I want for you is to get back to who you truly are, anything that can make your heart sing. It might be music that lifts you, rock, pop, and jazz, anything that helps you smile again and lifts your spirit. I think you know what I am saying – just be yourself. I am here for as long as it takes, but remember, I need those wings so the sooner we get going the better. So just to recap; Release and let go of all the things and people that no longer serve your higher purpose. [That is me, just popping in a spiritual sentence, I thought it would make you smile] Give me a call, my name is Marcus or Marc your guide for as long as you need me. Whether you are male or female I am right here, just waiting for that call. Bye for now my friend.

You are not alone!

