

Mary and Baby Bonding

This is something I have wanted to speak of for over 56 years, Mother Mary has asked me to speak of this now.

It is to do with the first year of bonding with your child and the importance this has with your child's development.

When I had my daughters 56 years ago, one of the most important things I felt in my heart I needed to do was to make sure, when out shopping or just walking with a baby pram or pushchair, that the baby would always be facing towards me, not away from me. I was told by my guides, all those years ago to never forget the importance of this action. For the child within its first year builds a protective, nurturing relationship with the parents.

When out with the child they need the security of the mother/father, yes, it is lovely that they can look around and view people going by, see trees, hear noises that they are not familiar with, but they will bring their gaze back to the mother/father. They are happy and want to explore and see new things and situations, but they also need the security of the parent, this is where the bonding will be, not just indoors at home, but out there in the big wide world that can be very scary at times for this precious little soul.

I know we live in a world of technology and it is about progression, that we understand, but you look at the number of mothers pushing prams or pushchairs and are more concerned about texting or speaking on their mobile to their friends.

As long as the baby is quiet, or asleep, so the mobile comes out, but what if that little one just needed to see mum/dad or be acknowledged by one of them for a short time, they will feel more secure and relaxed. 'Oh lovely, mummy is still here'. But this isn't always the case, the child is facing forward, viewing everything in sight and in essence they can feel alone. They cry, have a tantrum, they want mummy or daddy's attention. If they had been facing towards the parent, it could be a different situation; the child feels secure, because the parent is in view, so they continue to look around, but glancing back every few minutes just to check. No crying or tantrums, they feel secure.

I asked Mother Mary if I helped to create a bonding with all my 4 daughters in those early years and she said it was one of the most important things I did, and it was a gut feeling that I wanted to do this, for I felt in my heart it was the correct thing to do. Mother Mary pointed out to me that she whispered in my ear that I was building



a wonderful bond with my 4 girls that would remain to this day.

She made me understand that the first year of the child's life is one of the most important in their development and for creating a bonding and love so strong, it would last a lifetime. I still have that wonderful bond with all of my 4 daughters to this day, even though they are all in their 50s now.

I just knew I was right 56 years ago and I am so delighted Mother Mary has now stepped forward and asked me to mention this. Of course, the children are loved by the parents, but to have that deep bond will prevent them from possibly feeling insecure as they grow into their teenage years.

I am not dictating just trying to pass a message on from Mother Mary that she feels is important and has been overlooked. You may feel it is insignificant and I am going over the top, so to speak, but please give it some thought.

Of course, the choice is yours.

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