

## Understanding the 3 Fold Flame

This is one of the most important aspects of Spiritual development and Ascension. These 3 flames exist in each person's heart centre and as we progress on our earthly journey they must be brought into balance, as it is the process of becoming God/Source realized.

The Pink flame = the flame of Love  
The Blue flame = the flame of Power  
The Gold flame = the flame of Wisdom

The pink to the left, the blue to the right and in the centre will be the Gold flame of Wisdom, for without the inner strength and the love you cannot find the Wisdom. They all need to be recognised and balanced.

As we all go through our Ascension process and become more compassionate, kind and caring then the

3 Fold Flame can expand and develop offering us the expanded heart centre required to grow spiritually and move forward with the Divine Love held in our hearts for all aspects of life. This in turn offers us inner peace, joy and a love of self, a very important aspect of our journey here on Earth

